

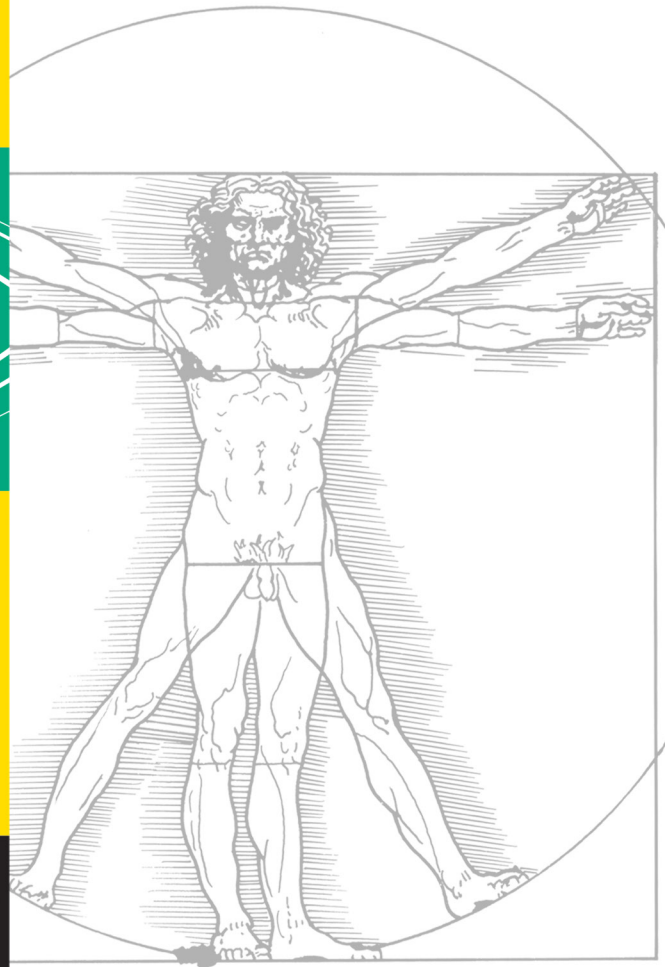
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The Asian Journal of Kinesiology

Aims and Scope

Kinesiology is an academic discipline which involves the study of physical activity and its impact on health, society, and quality of life. The aims of the Asian Journal of Kinesiology (AJK) are to provide recent scientific findings and offer practical knowledge for the kinesiologists, which includes health fitness instructors, personal trainer, strength & conditioning specialists, athletic trainers, exercise physiologists, clinical exercise specialists, sports therapists, kinesiotherapists, physical education teachers, etc. The AJK features original investigations, clinical and case studies, rapid communications, and comprehensive reviews on current topics in physical activity and evidence-based exercise prescriptions. The journal provides a platform to share an informative and exciting new discovery about basic and applied sciences in specialized fields of Kinesiology such as Exercise Training, Health Promotion and Physical Fitness, Prevention of Athletic Injuries and Disease, Sports Rehabilitation, Clinical Exercises, Physical Education, Health and Sport Industries, and Others.

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Contents

Editorial

- 1** | Prediction of Running Performances for World Class, Elite, Sub-elite, and Collegiate Athletes based on Maximal Aerobic Speed and Running Energy Reserve Index

Govindasamy Balasekaran

Original Research

- 3** | Effect of Jujubae Fructus on Fatigue Recovery in Mouse Exercise Model

Jinhan Park, Jusik Park

- 12** | A Meta-Analysis of the Effects of Walking Exercise on Depression

Jonghwa Lee, Youngho Kim

- 20** | The Effects of 12-week Online-delivered Isometric and Dynamic Core Stability Exercises on Functional Movement, Dynamic Postural Control, and Core Endurance in Healthy Young Adults

Namkuk Son, Hoyong Sung, Geonhui Kim, Harim Choe, Yeun Ryu, Yeonsoo Kim

- 32** | Exploring the Relationship between Functional Movement, Skill-related Physical Fitness, Skill Performance, Competitive Anxiety, and Sport-confidence in College Footballers

Dojin An, Namsu Kim

- 41** | Effect of Loaded Plyometric Training on Physical Fitness, Lower Extremity Isokinetic Muscle Function and Dynamic Balance

Gwan-hyung Lee, Kwang-Jin Lee, Keun-Ok An

Review

- 50** | Physical Activity and Immunity in the Elderly for the Post-COVID-19 Pandemic Era: A Literature Review

Sung-Tae Park

Original Research

- 60** | Effects of Suspension Training on Core Stability and Functional Movement Screen Scores in Healthy Adult Men

Young Jun Kim, Moon Young Choi, Gi Chul Ha

- 68** | Effects of 12 Weeks Weight Training and Plyometric Training on Body Composition, Physical Fitness and Electronic Hogu Hitting Ability in Taekwondo Sparring Athletes

Ye-Ji Kim, Kun-Ho Lee

