

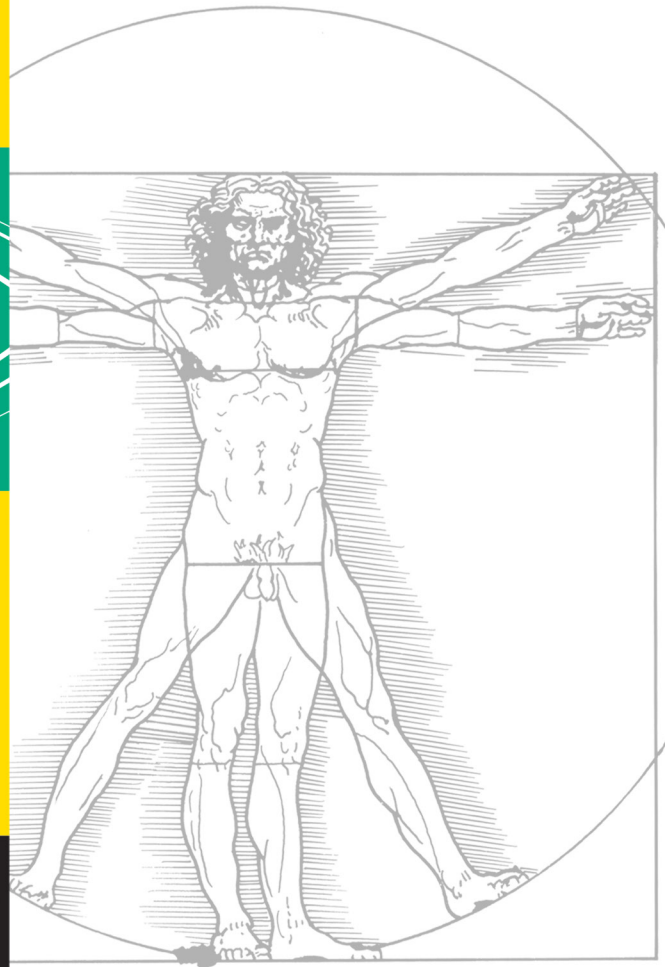
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The Asian Journal of Kinesiology

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# THE ASIAN JOURNAL OF KINESIOLOGY



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The Asian Journal of Kinesiology

# The Asian Journal of Kinesiology

## Aims and Scope

Kinesiology is an academic discipline which involves the study of physical activity and its impact on health, society, and quality of life. The aims of the Asian Journal of Kinesiology (AJK) are to provide recent scientific findings and offer practical knowledge for the kinesiologists, which includes health fitness instructors, personal trainer, strength & conditioning specialists, athletic trainers, exercise physiologists, clinical exercise specialists, sports therapists, kinesiotherapists, physical education teachers, etc. The AJK features original investigations, clinical and case studies, rapid communications, and comprehensive reviews on current topics in physical activity and evidence-based exercise prescriptions. The journal provides a platform to share an informative and exciting new discovery about basic and applied sciences in specialized fields of Kinesiology such as Exercise Training, Health Promotion and Physical Fitness, Prevention of Athletic Injuries and Disease, Sports Rehabilitation, Clinical Exercises, Physical Education, Health and Sport Industries, and Others.

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## Contents

### Editorial

- 1** | **The Role of the Asian Journal of Kinesiology and Kinesiologists in Applying and Promoting Functional Injury Prevention**

*Keun-Ok An*

### Original Research

- 3** | **Altered Joint Angle Strategy for Sprinting in Elite Sprinters with Chronic Ankle Instability**

*Hiroki Arakawa, Masamichi Okudaira, Satoru Tanigawa, Hirohiko Maemura, Takashi Fukuda*

- 12** | **Effects of Sensorimotor Synchronization Training on Anticipatory Postural Adjustments according to the Muscle Function in the Elderly**

*Eunhwi Jeong, Donghwi Suh, Jaeuk Jeong*

### Case Study

- 20** | **Effects of Shoulder Rehabilitation Exercise on Range of Motion, Muscle Activity, Muscle Tone and Manual Muscle Strength after Arthroscopic Bankart Repair in Elite Collegiate Rowing Athlete: Case Report**

*Ho-Seong Lee, Yun-Hwan Lee, Ju-Eun Kim, Ho-Seong Lee*

### Original Research

- 30** | **Effect of a Kinect-Based Exercise on Improving Job-Related Physical Fitness Tests for Korean Firefighters**

*Ji-Been Kim, Chae-Been Kim, Ying-Ying Xiang, Jung-Jun Park, Hyun-Joo Kang, Wook Song, Han-Joon Lee, Chung-Gun Lee, Yeon-Soon Ahn, Dong-Il Seo*

### Case Study

- 43** | **Periacetabular Osteotomy for Hip Dysplasia in a NCAA Division I Female Water Polo Athlete**

*Henry Pai, KyungMo Han*

### Original Research

- 50** | **Change in Pain Perception and TENS Pulse Amplitude, and Progression in Aerobic and Resistance Exercises over a Series of Ten-session Rehabilitation for Anterior Knee Pain**

*Joohee Lee, Hyunji Doo, Yuyeon Roh, Sanghyun Song, Minsub Oh, Jihong Park*

### Review

- 60** | **4R Nutrition Strategies for Optimized Recovery of Elite Soccer Players**

*Jooyoung Kim*

